

Specialized Programs

The Office of Community Corrections in Colorado offers a variety of programs focusing on the clinical treatment of mental health, substance use, co-occurring disorders and sex offender treatment. These programs include:

IRT: Intensive Residential Treatment

RDDT: Residential Dual Diagnosis Treatment

CBT: Cognitive Behavioral Therapy

TC: Therapeutic Communities

SOSTCC: Sex Offender Supervision & Treatment in Community Corrections

For a list of our program locations, please visit our website:



[www.colorado.gov/pacific/dcj/
community-corrections](http://www.colorado.gov/pacific/dcj/community-corrections)

Contact Information

Tahnee Santambrogio
Quality Assurance Specialist &
Best Practices Supervisor

Phone: 303.396.9882

E-mail: tahnee.santambrogio@state.co.us



Lydia P Brogren MA, LPC, LAC, MAC
Specialized Program Auditor &
Quality Assurance Specialist

Phone: 720.636.3469

E-mail: lydia.popovski@state.co.us



*The Division of Criminal Justice
Office of Community Correction*



At-a-Glance



Specialized Programs in Community Corrections



COLORADO
Division of Criminal Justice
Department of Public Safety

IRT: Intensive Residential Treatment

IRT is a 90-day evidence-based program designed to treat high risk, high needs individuals with severe substance use issues and a history of felony criminal conduct. IRT provides brief, intense treatment addressing substance use, anti-social thinking, attitudes, and cognitions.

IRT Clinical Programming Details

- ◆ No less than 20 direct clinical hours per week (individual and group clinical therapy)
- ◆ Direct clinical therapy provided at least 6 days a week
- ◆ 20 hours psychoeducational contact hours per week
- ◆ No less than 250 clinical hours for the 90-days

RDDT: Residential Dual Diagnosis Treatment

RDDT serves individuals presenting with co-occurring severe substance use and mental health disorders with a history of felony criminal conduct. RDDT focuses on drug and alcohol abstinence, improved mental health and desistance from continued criminal conduct.

RDDT Clinical Programming Details

- ◆ Total of 8 therapeutic contact hours per week comprised of:
- ◆ No less than 5 clinical therapy hours per week (individual or group)
- ◆ Additional structured didactic, psychoeducational, self-help support groups, vocational training, life skills training
- ◆ Psychiatric services must be provided

CBT: Cognitive Behavioral Therapy

CBT is a 5-year pilot program designed for a targeted male population who are high risk with high intrinsic needs in the areas of anti-social thinking and cognitive structures, criminal orientations/personality and impulse control skill deficits. The program utilizes a 3-phase approach to address specific intrinsic and primary criminogenic needs of high risk clients.

CBT Clinical Programming Details

- ◆ Pre-entry Phase: between 200 to 250 hours of therapeutic contact; minimum of 40% of hours must be direct clinical therapy; 9 to 11 hours per day of treatment activities for at least 6 days per week
- ◆ Re-entry Phase: between 50 and 100 hours of therapeutic contact; minimum of 40% must be direct clinical therapy; 8 to 10 hours per day of treatment activities for a minimum of 5 days per week
- ◆ Community Entry Phase: consists of regular community corrections programming and services

TC: Therapeutic Communities

TCs offer long-term, intensive treatment for individuals with chronic substance use disorders, related anti-social behaviors and co-occurring mental health disorders. The TC model is based on "community as method" or mutual self-help where all individuals within the TC assume responsibility for not only their own recovery, but that of their peers, and hold each other responsible for making meaningful change.

TC Clinical Programming Details

- ◆ No less than 5 hours per week of direct clinical therapy (individual or group)

SOSTCC: Sex Offender Supervision and Treatment in Community Corrections

SOSTCC programming is designed to serve individuals with felony sex offenses who are under the jurisdiction of community corrections programs. SOSTCC provides treatment and monitoring for eligible individuals in hopes of successful transition to the community after the completion of residential intervention. Programming must follow the Sex Offender Management Board of Colorado (SOMB) *Standards and Guidelines* for clinical treatment, monitoring and supervision.